

**CONSUMER INFORMATION USE AND DISCLAIMER** This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

#### How to Use:

- Before you take sildenafil, read the manufacturer's printed information leaflet from inside the pack. It will give you more information about the tablets and will provide you with a full list of the side-effects which you may experience from taking them.
- Take sildenafil exactly as your doctor tells you to. It is intended to be taken before sexual activity - it is NOT for continuous daily use. You should take one tablet about an hour before you plan to have sex, although it may still be effective up to five hours after taking the tablet. You can take the tablet either before or after food but, if you have just eaten a large meal, it may take longer for it to work.
- Do not take more than one dose of sildenafil in any 24-hour period.
- Do not take Nitrates nor Alpha Blockers while taking this medicine.
- Please contact your pharmacist with any questions.
- Common sildenafil side-effects:
  - Headache: Drink plenty of water. If the headaches continue, let your doctor know.
  - Flushing, feeling sick, indigestion, blocked nose. These should soon pass.
  - Feeling dizzy, visual changes such as blurred vision or color distortion. If either of these happens, do not drive and do not use tools or machines until your reactions/vision have returned to normal.

Important: if your erection lasts for longer than four hours, or if you get chest pains or a sudden loss of vision, contact a doctor for medical attention straightaway.

Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect including:

- Signs of an allergic reaction, like rash, hives, itching, red, swollen, blistered, or peeling skin with or without fever, wheezing.
- Tightness in the chest or throat, trouble breathing, swallowing, or talking, unusual hoarseness, or swelling of the face
- A lump in the breast, breast soreness, nipple discharge, or enlarged breasts
- Dizziness or passing out
- Depression
- Testicle pain

If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088. You may also report side effects at <http://www.fda.gov/medwatch>.