

Prostaglandin E1/Phentolamine/Papaverine Injection (AKA: Bi-Mix, Tri-Mix, Quadra-Mix or Alprostadil)

Patient Information:

This medication is used to treat certain caused of **Erectile Dysfunction(ED)**. It should begin to work within 5-20 minutes, and its effects should last about one hour.

Precautions:

- Follow the dosage regimen your doctor prescribed. Do not use higher doses than recommended.
- Wait a minimum of 24 hours between injections.
- Do not use more than 3 times per week.
- Keep your medication in the light-protective vial provided.
- If the medication becomes cloudy or changes in appearance, throw it away.

Do Not Use This Medication If You Have:

- Hypersensitivity or allergy to any component of this formulation.
- Conditions predisposing you to priapism (a painful erection lasting 4 hours or more), sickle cell anemia, multiple myeloma, or leukemia.
- Anatomical deformation of the penis or with penile implants.
- Have been told by your physician that sexual activity is inadvisable or contraindicated.

Possible Side Effects:

- Penile Pain
- Headache
- Dizziness
- Injection Site Bruising
- Prolonged Erection

Warnings:

- If you experience an erection lasting more than 2 hours, you may take Pseudoephedrine 30mg by mouth once and apply an ice pack.
- If your erection does not go away within the next hour, contact your physician or go to the emergency room immediately.
- If you experience lumps, swelling, tenderness, or curving of the erect penis, contact your physician.

Storage Directions:

- Store medication in the refrigerator and it will last 3 days. You may also store the medication in the freezer to make it last 45 days. Remove from the freezer and let the medication thaw completely out on the counter (You should not see any ice in the vial before using).
- If you accidentally leave the vial **out for more than 3 days**, discard the vial.

Directions For Use:

1. Gather the materials you will need and place them on a table near the chair or bed where you will be sitting down. You will need: your medication vial, syringes, and alcohol swabs.
2. Wash your hands with soap and water, and then dry.
3. Open the alcohol swab and wipe the top of the vial, **allow the top to air dry**.
4. Remove the syringe from its protective packaging and attach a needle if there is not one already.
5. While holding the syringe **horizontally**, pull the needle cover straight off and put it on the table. Draw up an amount of air into the syringe **equal to the amount of medication** you will be drawing up. Insert the needle straight down into the rubber of the vial and push in the air.
6. Turn the bottle and syringe upside down and draw up **the recommended dosage** into the syringe. Tap the syringe gently and push the plunger to remove air bubbles.

7. Place the bottle and syringe right side up on the table. Gently remove the syringe from the vial and recap the needle.
8. You should **be sitting upright or slightly reclined** when performing this injection. You will be injecting this medication into the **corpora cavernosa**, the spongy tissue on the sides of the penis.
9. Choose an injection site on the side of the shaft of the penis in the first one half area closest to the base of the penis. **AVOID VISIBLE BLOOD VESSELS.**
10. Holding the head of the penis, stretch it to lengthwise along your thigh so that you can clearly see the injection site. **Clean the injection site with a new alcohol swab.**
11. Remove the cover from the needle. Position the penis firmly against your thigh to keep it from moving during the injection.
12. **Hold the syringe between your thumb and index finger.** Using a steady motion, push the needle straight into the selected site until the metal part is almost entirely in the penis.
13. With a steady motion, push down on the plunger so that the entire volume of the solution is slowly injected. Grasp the syringe barrel and pull the needle out of the penis.
14. Apply pressure to the injection site with the alcohol swab for about 5 minutes. Place the used syringe in a Sharps container for disposal. **DO NOT reuse the syringe.**

IMPORTANT: Alternate the side of the penis and vary the injection site with each use.

Helpful Tip: If you would like in Instructional Video on ED Trimix Injections, go to the following web address below (when entering website, it is case sensitive)

****Any additional questions, please give us at Millers a call!****

888-891-3334

IMPORTANT NOTICE!
IF THIS PRODUCT DOESN'T LOOK RIGHT
OR APPEARS DIFFERENT FROM LAST
TIME, PLEASE CALL US AND ASK TO
SPEAK WITH A PHARMACIST BEFORE
USING. LOOK ESPECIALLY FOR
CHANGES IN COLOR, TURBIDITY OR
CLOUDINESS (UNLESS WE TELL YOU
THAT IS THE WAY IT SHOULD LOOK), OR
THE PRESENCE OF A PRECIPITATE.

